

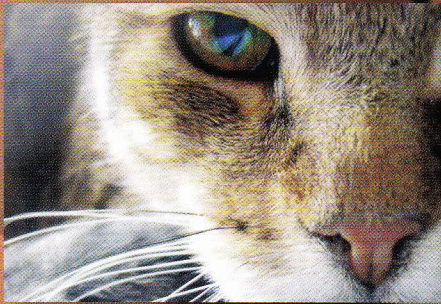
The New Zealand Journal of

# NATURAL MEDICINE

Issue 6: August – November 2012

Price: \$NZ 9.90 \$A 8.95 £4.99 €6

## Pet and Human Cancers: The Vaccine Connection



## Colloidal Silver: Effective Treatment for Cancer?

## How to Treat Depression Naturally

## Chiropractic Care in New Zealand: Theories, Practice and Research

## Beyond the Cholesterol Myth

## Is Apple Cider Vinegar a Cure-all?



## BRAS AND THE BREAST CANCER COVER-UP

## Cancer and Magnesium Deficiency

## Aspirin's Mostly Unrecognised Connection to Serious Medical Problems

## Is Vitamin C the Best Treatment for Pertussis (Whooping cough)?



## Effective blood thinning alternatives to mainstream drugs



## The Magical Coconut

Much More ...

# Some Intriguing Case Studies In Pain Relief and Health Recovery

## With SCENAR Applications

By Dr Jorg Prinz and Wilfried Wank

The RITM SCENAR is a battery operated handheld device. Its electrode is applied to the skin and the parameters are set so that the patient has a comfortable sensation in the application area.

The impulses generated by the SCENAR resemble those produced by human nerves. The stimulation of skin nerves through the device triggers a release of endorphins – causing fast pain relief – and of neuropeptides – a trigger for healing. As the nerves in a dermatome have energetic relationships to correlative organ systems, changes happen locally and in related areas and, indeed, sometimes areas distant from the place where the SCENAR is applied.

Russian studies have shown that a daily (or sometimes several times daily) application of the SCENAR device over a period of time produced a vanishing of symptoms of a great many systemic diseases.

SCENAR therapy can be used as a complementary or stand-alone intervention for the nervous system (various spinal diseases with secondary disorders of nervous activity, with static and dynamic disorders, spinal deformation; radiculitis,

neuritis, disorders of blood cerebral circulation and their consequences, diseases of vegetative nervous system, etc.); osteomuscular system (myositis, arthritis, arthrosis, soft tissue bruises, fractures); respiratory system (tracheitis, bronchitis, acute respiratory diseases (ARD), acute respiratory virus diseases (ARVD), pneumonia, pleurisy, bronchial asthma); cardiovascular system (ischemia [coronary heart disease CHD], hypertension, hypotonia, various forms of arrhythmia), disorders of extremities vessels [endarteritis, varicose veins, microcirculation disorders, trophic ulcers]); digestive system (gastritis, enteritis, colitis, cholecystitis, hepatitis); urogenital system (pyelonephritis, cystitis, menstrual cycle disorders, inflammation of ovaries, sterility, gestational toxicosis); dental diseases (parodontosis, periodontitis, pain relief).

Jorg Prinz Dr. Med., SCENAR practitioner in Whakatane and New Zealand's RITM SCENAR Institute approved trainer, and Wilfried Wank, SCENAR practitioner in Auckland, report on some of their cases:

### Recurrent Back Pain

Male, 51 years old, has recurrent back pain. He works as a manager with

responsibility for 30 employees, lives on a lifestyle block and does hard physical work in the evenings and on the weekends. He had physiotherapy and pain killers (paracetamol 2-6 tablets/day and diclophenac 10 tablets per 2 weeks) for the last 2 years before he came to see the therapist for the first time with an exacerbation of his back pain. Unable to bend down, his left hip was lower than the right, his pain levels 8/10 at rest and worse while walking or sitting on a chair. After the first SCENAR application of 40 minutes on his lower back his pain level was down to 2/10, his range of movement had slightly improved. Walking was not yet straight, but pain was reduced to 4/10.

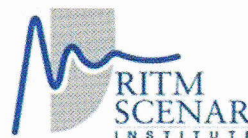
Two days later he received his second treatment for the whole of the back as a general treatment and specific pain relief for the lumbar spine. His pain disappeared completely during the treatment, his hips levelled out, and a slight scoliotic posture straightened. He had his first good night's sleep in years. After this session he had to drive for 150 kms, but this did not worsen the pain. Two further treatments were done to ensure a full pain-free range of movements. Since then (eight months ago) he has re-

**Dr.med. Jorg Prinz**  
**Energy Health Clinic**  
RITM SI Trainer  
SCENAR Practitioner  
Whakatane  
ask@drjoe.co.nz  
www.drjoe.co.nz  
Ph 0800 4 0 PAIN



**Wilfried Wank**  
SCENAR Practitioner  
Auckland  
wilfriedwa@hotmail.com  
Ph 021 08257047

**SCENAR application - SCENAR sales - SCENAR training**



ceived four half-hour treatments when he noticed that his back muscles tensed up. He has not used a single diclophenac or paracetamol and continues to do his jobs with greater energy and reports much better sleep than before.

## **Irritable Bowel Syndrome**

15-year old female with 'Pseudo obstruction' presents with gross abdominal and very painful distension, nausea and vomiting of large amounts of faecal material (3-4 litres per day). She has not had a bowel motion in 15 months (!). She is fed intravenously. She is home schooled as she is unable to attend classes.

The first application of SCENAR to her abdomen and back immediately reduced her pain levels from 9/10 to 3/10. The initial applications were done 3 or 4 times per day. Within the first five days a clear slime exuded uncontrollably from her anus. She wakes up at night concerned that someone is in her room as she could hear a strange noise. The noise, however, was the sound of her own bowels moving – a sound that she had not heard in over a year.

After three weeks of SCENAR applications, initially several times per day, then reducing to once every second day, she had bowel motions again. She is now back in school regularly. Although she can eat small amounts again she remains on intravenous feeding. Over the last 12 months she had only two episodes when the bowel was inactive for two weeks.

Hospitalisation for hydration and use of low dose Erythromycin quickly helped her to kick start her intestines again. Although this girl has a serious case of irritable bowel syndrome, other clients with chronic constipation or chronic loose bowel motions have been helped with SCENAR applications to a complete cessation of their symptoms.

## **Frozen Shoulder**

An 82-year old female helped her husband out of a chair when he lost balance and fell on her, injuring her right shoulder. A CT scan of the shoulder revealed damage to some tendons and the rotator cuff.

She came to her first treatment a year after the accident. She was pain free while resting her arm, but the slightest attempt to move her shoulder caused her 8/10 pain – and there was no active movement at all. After 20 minutes of SCENAR application she was able to move her outstretched arm 30 degrees forward, 10 degrees backwards and 45 degrees sideways until the pain stopped the movement. It took only five SCENAR applications to get her to a stage where her arm got so mobile again that she could do her household chores and reach up to her cupboards. Full active and passive movement of the arm was still not possible without pain of up to 5/10 once fully extended. She was, however, able to sleep again at night with just paracetamol in the evening. Before, any turning in bed while asleep woke her up with shoulder pains despite stronger

painkillers.

After a pause in applying SCENAR for three months she is now back for further applications to get her completely pain free and, slowly, her range of pain free movements are increasing.

## **Tennis Elbow**

Handyman, 60, had been plagued by a tennis elbow for 20 years. Due to the nature of his work it flared up frequently after using the hammer or work involving his right arm. An initial 40-minute application of SCENAR reduced the pain levels from 9/10 to about 4/10. A day later the client reported 2/10, which remained for a few weeks until a top-up application was needed. Since then a bi monthly application keeps his condition in check.

## **Wrinkles / Non-Invasive Facelift**

A woman in her sixties decided to do something about the wrinkles on her face. Three applications per week for 3 weeks showed the following effects:

- Fine lines and wrinkles had been reduced significantly
- Healthy appearance
- Increased skin functions
- Some blemishes had cleared

Pictures taken at the beginning of the application and then 3 weeks later showed such a great improvement that her girlfriends suspected she secretly had had a surgical facelift.